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Halifax metro

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Your essential daily news | WEDNESDAY, JUNE 29, 2016

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FIREWORKS ON (FOR NOW)

But backyard blastoffs are illegal, even on Canada Day

metroNEWS

TC MEDIA FILE

Our spirits are soaring

LIQUOR

Nova Scotia distillery sales jump more than 170%



Haley Ryan
Metro | Halifax

A new wave of Nova Scotia distilleries has spirit sales seeing their best year ever.

According to 2015-16 numbers from the Nova Scotia Liquor Corporation (NSLC) released Tuesday, local spirits sales saw the largest increase — jumping 177.3 per cent, or \$1 million over the past year to a total of \$1.5 million.

"I'm not in any way surprised," Lynne Mackay, who runs Lunenburg's Ironworks Distillery with Pierre Guevrement, said Tuesday. "We were one of the only distillers on the block, and now there are over 10. There's your reason."

When Ironworks opened in 2010, NSLC and the province "rolled out the red carpet" and didn't restrict what they could do, Mackay said. They used a small-

er 210-litre still, which they couldn't have in places like Ontario where still sizes had to be roughly 5,000 gallons.

"They got so behind us that it was really almost startling, because I anticipated there'd be issues," Mackay said.

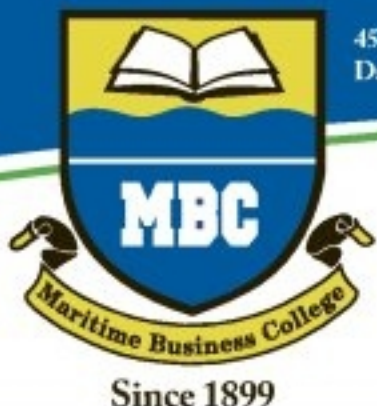
NSLC spokeswoman Denise Corra said in an email Tuesday a "good portion" of the increase is due to the Authentic Seacoast Company's Fortress Rum from Guysborough, which has seen sales grow since it launched in February 2015.

There are seven distillers selling in NSLC right now, Corra said.

Mackay said she's happy to see more distilleries open their doors, most of which have done so in the past three years since Ironworks worked with the province and NSLC to lower the high remittances (taxes) placed on spirit producers to be more similar to wineries.

The industry has grown so much that Mackay said Guevrement's calculations show the number of people in craft distilling — mostly all in rural communities — are "equal to a pulp mill," though most have gotten little if any assistance from government.

More coverage, page 6



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COMMUNITY SUPPORT

American offered job, cottage after RV fire



Zane Woodford
Metro | Halifax

An American man who lost everything trying to move to Nova Scotia is finding help in his new home.

After leaving his home in Ohio behind, Richard Piegan's RV caught on fire on the Cobequid Pass on Sunday, and he, his wife Amanda, and their daughter Gwen lost all their belongings and their identification.

On Tuesday, he said he's been surprised at the generosity of strangers since.

"There were some strong people out there, very strong people that went out and found me, and one of them has offered me a job," Piegan said.

He said the Canadian Embassy has told him they'd issue him a work permit if he gets

the job in New Glasgow.

He's also been put in touch with a woman offering to put a roof over his head.

"She's offered me a cottage to stay at with my family 'till I get on my feet and I'm like, 'Are you kidding me?' Talk about all the blessings at once," he said.

He and his wife also met a couple on Tuesday on their wedding anniversary, and after welcoming Piegan and his family to Nova Scotia, they handed him \$300.

"We were like, 'Oh my god, what a blessing.' It just overwhelmed us," he said.

Piegan said he hopes to get into the fishing industry, but he'll take any kind of work he can get, and he welcomes any help from strangers, who can contact him at the Comfort Inn in Amherst.

"I've got great expectations for a future here," he said.

\$300

Piegan and his wife Amanda received \$300 from another couple on Tuesday.



After leaving his Ohio home with his family, Richard Piegan's RV caught fire on the Cobequid Pass on Sunday. TWITTER



Vehicles travel past a new set of traffic lights on the Bedford Highway on Tuesday. ZANE WOODFORD/METRO

New traffic lights will save lives: Councillor

BEDFORD HIGHWAY

City says cost of installation won't be on public's dime

Ben Jamieson
For Metro | Halifax

A city councillor isn't worried about new traffic lights on the Bedford Highway causing traffic

jams; in fact, he thinks they could actually save lives.

The new lights are being added to help with the flow of traffic coming in and out of the two car dealerships, Steele Chrysler Limited and Atlantic Acura, along with the new Icon Bay development set to open its doors to residents in October.

"We've been waiting a long time for this," Coun. Russell Walker said Tuesday.

He hopes that these new lights will mitigate some of the treacherous driving conditions

"We've been waiting a long time for this."

Coun. Russell Walker

around the dealerships and development.

"It's hard to get in there, this should help to make things safer," Walker said.

A traffic study commissioned by Icon Bay determined that the lights were required to handle the future influx of traffic from

their development. The company will be covering the cost of the lights installation, Brendan Elliott, Halifax Regional Municipality spokesman, said Tuesday.

There will be further work done on the lights, as well as widening that section of the Bedford Highway and combining the driveways of the Icon Bay development and the car dealerships.

At the moment, the lights aren't operational and Walker said that they won't be until the fall.

"Best show I have ever seen. It was an absolutely spectacular event. Loved it."
— Jacquelyn Mildrum, Lyme, CT



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HALIFAX Canada

Man removes parents as guardians, overturns law

LEGISLATION

Court declares Incompetent Persons Act to be invalid

A Nova Scotia man fighting a law that limits the rights of people with intellectual disabilities won some personal freedom and claimed a major victory Tuesday as the province declared its Incompetent Persons Act invalid.

Landon Webb had his "mentally incompetent" status overturned at the same hearing in Nova Scotia Supreme Court, allowing him to reclaim control over some aspects of his life that had been conferred to his parents under the Act.

"I'm just really pleased I have my life back," Webb said outside the courtroom on Tuesday. "Maybe this weekend I'll just go down to the cottage at my friend's place and just sit around the fire and look at the stars."

The hearing opened with lawyers for the province conceding that sections of the Act are unconstitutional. Alex Cameron told the court it would be suspended for a year while new legislation is drafted.

Jeanne Desveaux, lawyer for Webb's mother and father, then told the court her clients were revoking their guardianship in recognition of a medical assessment declaring the 25-year-old mentally competent.

"He has improved to the extent that a guardian is no longer required," Jeanne Desveaux told reporters after the hearing. "The whole purpose of Mr. Landon being transitioned to the facility ... (was) so that he could successfully live in the community."

Webb's case attracted attention last October after he left a rehabilitation centre for several weeks, was found safe in Edmonton and returned to Nova Scotia, where he appeared in local media saying he is not incompetent.

His parents said their son functioned at the level of a 10 or 12-year-old, but Webb disagreed and filed the court challenge hoping to be free to live a normal life.

On Tuesday, Webb's lawyers called the Act "archaic," and in this case, claimed its enforcement was so draconian that leaving the law intact amounted to legislative negligence.

"There's probably other people out there ... in a similar situation," Webb said outside court. "They'll be able to make decisions for themselves."

Webb's lawyers told the court they were seeking \$25,000 in compensation from the province, arguing his treatment under the Act violated his charter rights.

"Landon Webb has been unlawfully detained and deprived of his liberty," court-ordered litigation guardian Christine Ogaranko said. "(He) has lived under ongoing threat of misapprehension and further restrictions placed on his freedom."



Landon Webb said he didn't begrudge his parents, Brenda and Darrell Webb. JEFF HARPER/METRO

Webb was placed in the Kings Regional Rehabilitation Centre in Annapolis Valley in 2013 but after his trip to Edmonton, was transferred to a transitional care facility, where he continued to live under supervision.

His parents, Brenda and Darrell Webb, did not attend the hearing.

All parties in the courtroom agreed the couple had their son's best interests at heart. "Hopefully, in the near future I'll be able to have a relationship with them," Landon Webb said. "I don't hold a grudge." THE CANADIAN PRESS



POINT PLEASANT PARK

Indecent act investigated

Police are investigating an indecent act that occurred at Point Pleasant Park. A statement was provided to police by one of the victims Monday night.

In a media release police said that at 2:30 p.m. Friday, two women were having a picnic near the Cambridge Battery when a man walked out of the woods and appeared to be urinating. He turned around, took off his shorts and grabbed himself while looking in the direction of the women as he proceeded to lie down on the ground.

The suspect is described as a male in his late 20s to mid-30s, five-foot-eleven to six feet tall with an average build, medium dark hair and a clean-shaven face. He was wearing silver basketball shorts, a blue/grey shirt over his shoulder, sunglasses and a baseball cap. METRO

PARKS

Birch Cove meeting set

Haligonians are invited to support a future park on the Blue Mountain Birch Cove lands at a public meeting Wednesday.

The Ecology Action Centre is inviting people "to help keep this ecologically significant wilderness area safe" by attending, writing to council, and calling their councillor. It's at 7 p.m. in Ondaatje Hall in Dalhousie University's McCain Building.

The municipality outlined a plan in 2006 to turn the land behind Bayers Lake into a regional park. A report is recommending letting a suburb development next to the proposed park. METRO



WEEKLY GREEN CART COLLECTION

Please note that weekly green cart collection service will be provided from July 2 – August 31, 2016 in ALL areas of Halifax Regional Municipality.

Please remember to have materials curbside by 7 a.m.

Beginning September 1, collection returns to the regular bi-weekly green cart/garbage collection schedule.



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All hail new ales

COMPETITION

Craft beer adds 'excitement': Labatts



Haley Ryan
Metro | Halifax

While craft beer sales continue to rise in Nova Scotia, the only commercial brewer in the province is "very happy" to see their numbers account for the vast majority of brews sold.

Year-end numbers from the Nova Scotia Liquor Corporation (NSLC) in 2015-16 released Tuesday show an increase in sales and profit, sparked by significant growth in Nova Scotia wine, craft beer, spirits, cider, and \$160.5 million in commercial beer sales.

"We're very happy with that. It represents approximately two-thirds of the beer sold in Nova Scotia, (that) comes from the Oland brewery," Wade Keller,

Labatt Breweries Atlantic spokesman said Tuesday.

"We certainly value and appreciate what all the brewers do ... The more competition you have, the better you get."

Craft beer made here — with 32 breweries across the province — continues to see growth, with a 25.5 per cent increase to \$7.6 million. Nova Scotian beers make up four per cent of all beer sold.

Keller said the breweries provide jobs and interesting experiences for consumers and tourists.

It's not a question of the increase in craft beer posing a "worry" to Labatt's, Keller said, but more so showcasing an opportunity that came through in the new Keith's "small batch" styles made in Halifax.

"There's lots of room to grow. Consumers have lots of choices out there ... all of it is sort of spawning an excitement in the beer industry, and that's good for all of us," Keller said.



Newly minted Alexander Keith's brewmaster Stefan Gagliardi checks a batch of stout at the Halifax brewery. JEFF HARPER/METRO

+ NOVA SCOTIA: KEEPING SPIRITS UP

Stats from the Nova Scotia Liquor Commission:

■ **Craft beer** up 25.5 per cent to \$7.6 million

■ **Local 'ready to drink'** (mostly cider) up 44.4 per cent

■ **Nova Scotia wines** up 8.7 per cent to \$9.6 million.

■ **Commercial beer** stable, at \$160 million

■ **Spirits** up 177.3 per cent to \$1.5 million

■ **Total NSLC profits \$241.3 million**, up 5.8 per cent (or \$13.3 million)

■ **Total sales: \$607.6 million**, up 2.8 per cent (or \$16.3 million).

METRO

IN BRIEF

Man dies in work accident

A 28-year old man from Bible Hill has died after being struck by a front-end loader at the J. D. Irving Limited sawmill in Colchester Co.

RCMP arrived on Valleydale Road shortly after 6 p.m. Monday in response to the event. The sawmill will be closed Tuesday. Councillors are helping workers cope with the loss.

The man's name has not been released. The Nova Scotia Department of Labour and Advanced Education and the RCMP continue to investigate. METRO

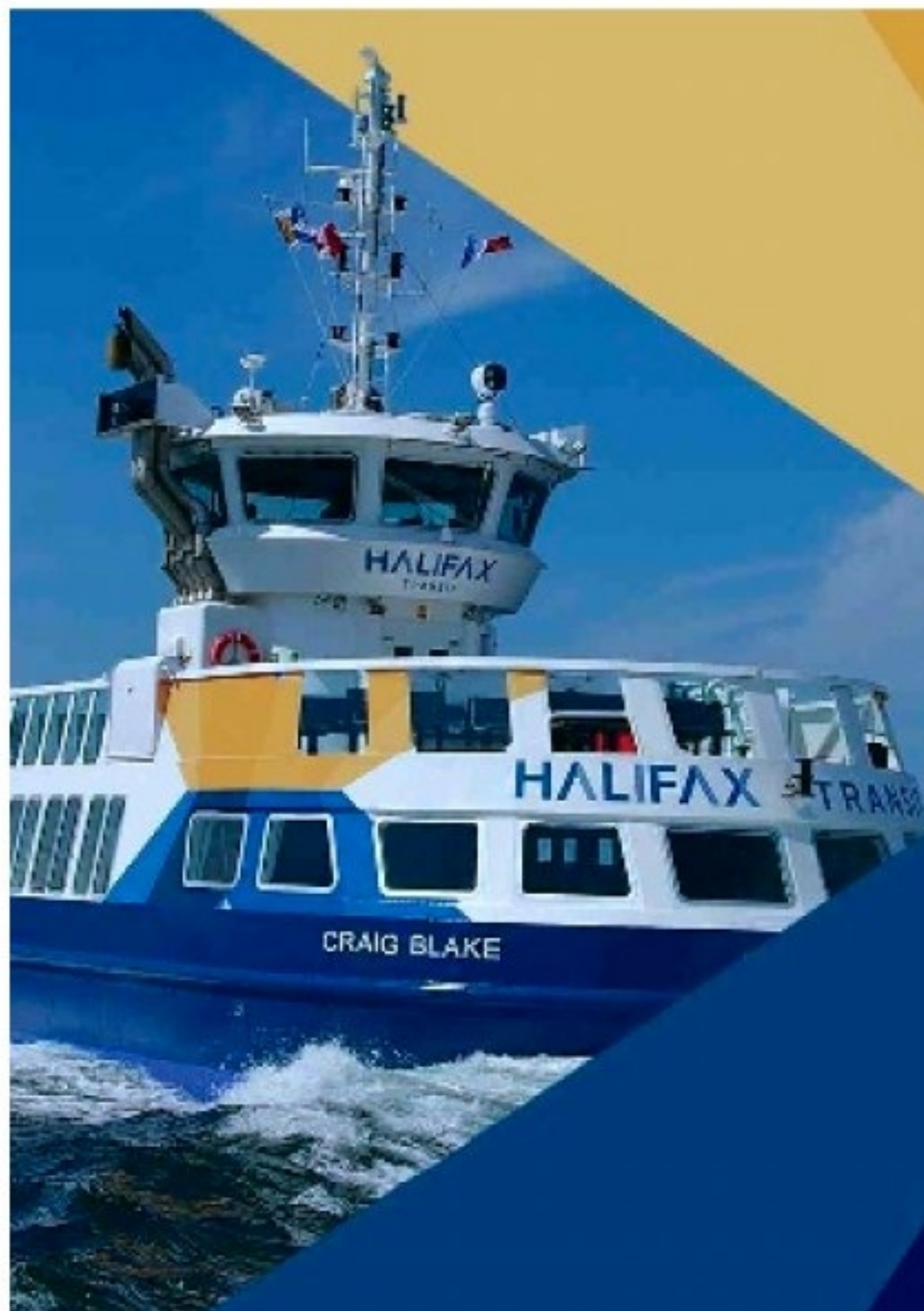
A million visit Sydney

The Port of Sydney is marking the milestone of welcoming more than a million cruise ship passengers.

More than 100,000 passengers and crew are expected this season, for an estimated \$22 million contribution to the economy.

On Tuesday at 11 a.m., the first cruise ship passenger to disembark will be greeted by CBRM Mayor Cecil Clarke along with other invited guests.

TC MEDIA



FREE FERRY SERVICE ON CANADA DAY

On Canada Day, passengers are asked to bring a cash or food donation to support **feed nova scotia**

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Fireworks shows are a go

CANADA DAY

But backyard displays can earn a fine of up to \$467.50

Ben Jamieson
For Metro | Halifax

Halifax's public Canada Day firework displays are still set to light up the skies even with the current fire ban.

It's the private "backyard" shows that have city officials worried.

Setting off your own fireworks within HRM is always illegal under the city's Noise Bylaw and carries a fine of up to \$467.50.

But officials say they don't actively search out violations, it's usually up to neighbours or passersby to report any wrongdoings.

"If people don't complain then we don't go looking for them," said Halifax Deputy Fire Chief Roy Hollett on Tuesday.

It's a \$412 ticket for disobeying the burn ban with the possibility of additional fines depending on individual circumstances.

"Fines can easily reach the thousands," said Hollett.

Halifax Regional Police and Halifax Bylaw Officers will be handing out tickets to anyone caught putting on their own displays.

Police are usually more lenient when people disregard the bylaw, often only giving



The Canada Day fireworks are a go for Friday night, weather permitting. GETTY IMAGES



If people don't complain then we don't go looking for them.

Roy Hollett

stern warnings to guilty parties, however with the fire ban, police will be more strict. "(Police will be) more apt

to issue the ticket now that the ban is on. People should be aware that they can get a hefty ticket," said spokeswoman Const. Dianne Woodworth of Halifax Regional Police.

The ban hasn't stopped people from selling or buying fireworks in anticipation of the holiday.

One store owner who wished to remain anonymous has been steadily unloading

his stock ahead of Friday's celebrations.

"It's not my business what people do with (the fireworks) after they buy them," he said.

So what's Deputy Fire Chief Hollett's advice for people still planning on rolling the dice and lighting up their own show?

"Don't do it."

He said on Tuesday that he's optimistic that this year's displays will go ahead even

with the current fire ban, but they will continue to monitor the conditions leading up to Friday's celebrations.

The main event will happen at 10 p.m. Friday night after the concert at Alderney Landing.

This year's display will be shot off from a barge in the middle of Halifax's Harbour. This will ensure that any possible debris or embers will fall safely in the water.

NOVA CENTRE

City responds to legal action



Zane Woodford
Metro | Halifax

After keeping quiet on Monday, the municipality is responding to threats of legal action from three downtown Halifax businesses over the construction of the Nova Centre.

In an email sent to reporters on Tuesday, spokesperson Tiffany Chase said Halifax Regional Municipality's legal team had reviewed the documentation it received from Wagners Law Firm, and concluded they "do not believe a claim of injurious affection under the Expropriation Act applies to the municipality in this instance."

The email goes on to outline the legal team's interpretation of the act, saying injurious affection only applies if "the government expropriates the land," or if "the government is undertaking the construction activity."

"Neither scenario applies in this case, therefore we see no basis for a claim of injurious affection against the municipality," Chase wrote.

Ray Wagner, the lawyer representing the Carleton Bar and Grill, the Wooden Monkey and Attica, told Metro on Monday that he believes all three levels of government are responsible for making sure that the development doesn't have a negative effect on business in the downtown core because they're all investing in the project.

PUBLIC SPACES

Outdoor pool, city beaches open July 1



Kristen Lipscombe
Metro | Halifax

It's almost time to get out your swimming trunks, Halifax.

Beaches across Halifax Regional Municipality and the Halifax Common outdoor pool officially open to the public July 1, the city announced Tuesday.

+ SUPERVISION

There is no weekend supervision at either Kinap Beach or Malay Falls, according to a HRM news release.

Most of the municipality's beaches will be supervised by lifeguards — who all have National Lifeguard Service certification — between the hours of 11 a.m. and 5 p.m.

The city also reminds residents to swim safely, adding they can sign up for free swimming lessons, as well as programs for Bronze Medallion, Bronze Cross and junior lifeguarding, at all municipal beaches and the Halifax Common pool.

Call 902-490-6666, stop by an HRM community recreation centre or go to www.halifax.ca/rec/ProgramsAndActivities.php to sign up for lessons. A second round of registration starts July 6 for those who miss out this time around.

ROLLOVER

Two injured in crash

A 19-year-old man suffered life-threatening injuries and an 18-year-old woman sustained non-life threatening injuries when their car drove off a Nova Scotia road and rolled over during the early morning hours Tuesday.

Emergency crews responded to the one-vehicle crash near 1520 East Chezzetcook Road at about 12:30 a.m., Nova Scotia RCMP said in a news release sent out Tuesday afternoon.

The preliminary police investigation shows that the Pontiac Sunfire was travelling north when it caught the road shoulder, over-corrected, went off the road and flipped over.

METRO

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Visa rules changing

POLITICS

In turn, Mexico will import Canadian beef

Canada will lift its controversial visa requirement for Mexican visitors before the end of the year, while Mexico has agreed to end long-standing restrictions on Canadian beef imports, Prime Minister Justin Trudeau said Tuesday.

Although both changes are still months away, Trudeau and Mexican President Enrique Peña Nieto expressed satisfaction that the two main irritants in their bilateral relationship would be removed, paving the way for deeper co-operation.

"This move will make it easier for our Mexican friends to visit Canada while growing our local economies and strengthening our communities," Trudeau told a news conference on Parliament Hill, Peña Nieto standing alongside.

Ending Mexican restrictions on Canadian beef, a lingering side effect of long-standing fears over mad-cow disease, "will support Canadian farmers and Canadian families," he added.

The visa requirement will be lifted by Dec. 1, while the beef ban ends in October.

The previous Conservative government imposed visas in 2009 to stop thousands of asylum claims being made by ineligible Mexican citizens — a controversial move that has stood as the major irritant between the two countries. The visiting Mexican president was clearly happy to see its demise.

"Since 2009, this barrier has been set, but today thanks to a great political will, we are overcoming such a barrier," Peña Nieto said in Spanish.

Conservative immigration critic Michelle Rempel said in a statement that Trudeau was making "a political decision that puts the security of Canadians at risk" by lifting the visa.

THE CANADIAN PRESS

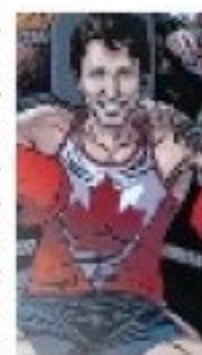


MISSISSAUGA, ONT. HOME EXPLOSION ROCKS GREATER TORONTO AREA One person has died in an explosion that levelled one home and damaged at least two dozen others in Mississauga, Ont., west of Toronto. A Peel paramedic spokesman said Tuesday night that a woman died at the scene and about a dozen other people were treated for minor injuries. He said none of the injured had to be taken to hospital. NATHAN DENETTE/THE CANADIAN PRESS

MARVEL

Trudeau's comic book debut

Make way, Liberal cabinet: Prime Minister Justin Trudeau will have another all-Canadian crew in his corner as he suits up for his latest feature role — comic book character.



Trudeau will grace the variant cover of issue No. 5 of Marvel's Civil War II: Choosing Sides, due out Aug. 31.

Trudeau is depicted smiling, sitting relaxed in the boxing ring sporting a Maple Leaf-embazoned tank and red boxing gloves. Standing behind him are Puck, Sasquatch and Aurora, who are members of Canadian superhero squad Alpha Flight.

"I didn't want to do a stuffy cover — just like a suit and tie — put his likeness on the cover and call it a day," said award-winning Toronto-based cartoonist Ramon Perez.

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Suicide attacks kill dozens in Istanbul

ATATURK AIRPORT

Daesh suspected in bombings that also wounded scores of others

Three suspected Daesh suicide bombers targeted the international terminal of Istanbul's Ataturk airport Tuesday, killing at least 36 people and wounding many others, Turkish officials said.

Turkish Prime Minister Binali Yildirim said 36 were dead and Justice Minister Bekir Bozdag said 147 were wounded. Another senior government official, who spoke on condition of anonymity in line with government protocol, told The Associated Press the death toll could climb much higher.

Yildirim said three suicide bombers were responsible for the attack and all initial indications suggest the Daesh group, also known as ISIS or ISIL, was behind it.

He said the attackers arrived

at the airport in a taxi and blew themselves up after opening fire.

The victims included some foreigners, he said, adding that many of the wounded have minor injuries but others are more badly hurt.

Another Turkish official said two of the attackers detonated explosives at the entrance of the international arrivals terminal after police fired at them, while the third blew himself up in the parking lot.

The official, who also spoke on condition of anonymity, said none of the attackers managed to get past security checks at the terminal's entrance.

Turkish airports have security checks at both the entrance of terminal buildings and then later before entry to departure gates.

Hevin Zini, 12, had just arrived from Duesseldorf, Germany, with her family and was in tears from the shock.

"There was blood on the ground," she told The Associated Press. "Everything was blown up to bits.... If we had arrived two minutes earlier, it could have been us."

OTHER ATTACKS

Turkey has seen several bombings in recent months linked to Kurdish or Daesh militants.

The bombings include two in Istanbul targeting tourists — which authorities have blamed on Daesh.

The attacks have increased in scale and frequency, scaring off tourists and hurting the economy. THE ASSOCIATED PRESS

Two South African tourists, Paul and Susie Roos from Cape Town, were at the airport and due to fly home at the time of the explosions.

"We came up from the arrivals to the departures, up the escalator when we heard these shots going off," Paul Roos said. "There was this guy going roaming around, he was dressed in black and he had a hand gun."

THE ASSOCIATED PRESS



1 Distraught survivors of the attack leave Ataturk, Turkey's largest airport. GETTY IMAGES

2 Emotional passengers who survived the attacks cry as they leave Ataturk airport in Istanbul. GETTY IMAGES

3 Turkish police block the road as relatives of the passengers wait outside Ataturk. GETTY IMAGES



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REFERENDUM

Of all the scenarios to block Brexit, one seems most likely

As continental powers pressure a nervous Britain to formally apply to exit the European Union, die-hard "remain" supporters are taking on the mission to put the brakes on the so-called Brexit.

But between the vagaries of Britain's unwritten constitution and the determination of the losing side to stay in the EU, lawyers, lawmakers and "remain" activists see room for hope.

Here are some of the suggestions from the pro-EU camp on how Britain could end up staying in the bloc, and an evaluation by Gavin Barrett, an expert on European constitutional law at University College Dublin:

IGNORING THE REFERENDUM

Parliament has no explicit legal obligation to implement the referendum's decision. Conceivably, elected representatives in Westminster could just ignore the electorate's verdict and opt to stay in the EU.

But Barrett says the idea that lawmakers could shrug off the popular vote altogether is fanciful. "On a likelihood scale, I'd say zero per cent," he says. "Governments cannot simply ignore the directly expressed will of the people."



Demonstrators chant and clap outside Parliament at an anti-Brexit protest in central London Tuesday. AFP/GETTY IMAGES

INVOKING A SCOTTISH VETO

Britain's Parliament cannot normally legislate on Scottish matters without the assent of Scotland's staunchly pro-EU parliament in Edinburgh. Given that a withdrawal from the 28-nation bloc would likely mean quashing the application of EU laws in Scotland, some argue that gives Edinburgh a veto over the final decision.

So what are the chances that the Scots will ride to the rescue of England's pro-EU minority? "Zero per cent as well," says Barrett. "Under the British constitutional system, Westminster is sovereign at the end of the day."

HOLDING A SECOND REFERENDUM

What if, instead of a do-over, the referendum were presented as a choice between the EU membership Britain has had until now and whatever new deal governing trade relations it could secure in its exit negotiations with the bloc.

Barrett predicted that any exit deal negotiated by Britain would be "bound to be inferior" to what the U.K. had before — and that EU powers would put aside their pride to welcome a wayward Britain back into the bloc. Of all the possibilities, he said, "I'd put my bet on that."

THE ASSOCIATED PRESS

Better pension plan not for all, prof says

RETIREMENT

Public sector employees already have secure plans

The tentative deal for an improved Canadian Pension Plan will help thousands of young Canadians better prepare for retirement, but not everyone needed the help.

Ian Lee, a professor at Carleton University's Sprott School of Business, says workers with generous defined benefit pension plans, including many government and public sector employees, were already on course for a secure retirement.

"The large corporate sector, they also have very good pension plans, by and large," he added.

Lee called the enhancement of the CPP an "squandering of resources" because reports

suggest only around 15 to 20 per cent of Canadians are ill-prepared for retirement.

"It's not that the resources are going to disappear into nothingness, it is just that we're using resources that are scarce on a problem that doesn't exist for 80 per cent of the population," he said.

Instead, Lee added, a more targeted solution was required.

While the private sector has moved to shift the risk of pension plans to employees with a move to defined contribution plans, many in the public sector have managed to hold on to those plans.

Under defined benefit plans, the employer guarantees an employee will get a set, pre-defined level of benefits. If the pension fund's investments don't do well, the employer has to make up the shortfall.

To avoid that risk, many employers switched to defined contribution plans.

THE CANADIAN PRESS

We're using resources ... on a problem that doesn't exist for 80% of the population

Ian Lee

FURNITURE

Ikea Canada recalls chests of drawers

Ikea has issued a Canadian recall notice for millions of chests of drawers that can tip over — a safety hazard that has been linked to the deaths of six children in the United States over several years as well as dozens of injuries.

The Swedish furniture multinational says it will repair or pay a refund for chests of drawers that don't meet North American safety standards.

It also urges customers to stop using the affected chests of drawers and put them out of the reach of children until the furniture can be secured to a wall. Customers who cannot secure the furniture to a wall are advised to bring the pieces back to any Ikea location for a refund.

Ikea Canada's move is part of a recall of 29 million chests and dressers sold in the U.S. and 6.6 million sold in Canada.

The company says there has been no serious incident reported in Canada.

The U.S. Consumer Product Safety Commission said Tuesday that all six of the children killed by tipped furniture were three years old or younger.



Consumer Product Safety Commission chairman Elliot Kaye watches a demonstration of how an Ikea dresser can tip and fall on a child during a news conference in Washington, Tuesday. THE ASSOCIATED PRESS

One of the children was killed about 27 years ago. The other deaths were more recent, between 2002 and 2016. The CPSC said it has received 36 reports of children who were injured by the furniture.

Chests and dressers manufactured between January 2002 and June 2016 qualify for a full refund. Furniture made before 2002 may be eligible for a partial store credit.

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ROSEMARY WESTWOOD ON THE BROAD IMPLICATIONS OF BREXIT

Isolationist nationalism is ballooning across developed nations, and there's no reason why Canada should consider itself immune

Let's begin on this basic agreement: Brexit was not about the crazies.

There aren't 16 million nut-jobs in the U.K. You might not know it by the liberal media's gleeful embrace of remorseful "leave" voters who couldn't believe their side actually won, or its thrilled reporting on the millions of Brits who Googled "What's the EU?" late Thursday night. And you certainly wouldn't know it by the outrage and shock across the world last Friday after the results were reported.

That shock echoes much of America's utter inability to accept Donald Trump as the Republican presidential nominee (still). And to me, the astronomical level of surprise in both nations has been by far the most surprising — and disturbing — part. How could so many of us (I admit to shock at both movements) be so egregiously ignorant? And when's it Canada's turn to get pied?

There's no opining from a safe distance. It feels like a wave of isolationist nationalism is ballooning across developed nations. One that seems driven by a sort of rediscovery of an ignored working class and its place in the globalized economy. And there's no reason why Canada should consider itself immune.

Not all agree. Michael Hart, a professor emeritus of trade policy and foreign affairs at Carleton University, dismissed the idea that Brexit was about globalization at all. Actually, he called the idea "nonsense." The referendum, he told me, was about "anti-Brussels and

Raging capitalists are being forced to align themselves with the likes of Bernie Sanders in admitting we may have a problem.

anti-EU" sentiment, "and most Canadians would be, too." It was a rejection of the deep political, economic and judicial integration across Europe.

"A lot of people said: All we're doing is saying we're going to be a sovereign country again, negotiate new trade and investment relations," he said, painting the debate in the blandest of terms.

populated, far less wealthy parts of England that voted to leave, and heard parroted concerns: "There's no decent work." "The politicians don't care about us." "We've been forgotten." Nor does it disparage such economic worries to note some basic facts illuminated by the polls: "Leave" voters were, generally speaking, older, less educated, and less



TAKING LEAVE Vote Leave supporters gather to listen to Nigel Farage, the leader of the UK Independence Party after the Brexit vote. MATT DUNHAM/THE ASSOCIATED PRESS

What about the headline-grabbing immigration debate and underlying xenophobia, I pressed. But he brushed off both, blaming "a lot of ignorant people in the media."

But claiming little substantial xenophobia in a vote championed by far-right UKIP leader Nigel Farage is like arguing Donald Trump is a self-made man: Wanting it to be true doesn't make it thus. Of course a vote for sovereignty is wound up in nationalism, and nationalism and racism are hopelessly entwined.

Acknowledging this doesn't discredit other motivations for "leave" ballots. In a Guardian article this week, one writer argued the referendum was no surprise, after he travelled through the northern, less

wealthy. Or, to a degree, what might be deemed the "working class."

Perhaps, as Hart argues, these voters were motivated by sovereign worries, but how angry about that would they be if they believed integration was bettering their lives?

That's why, according to a recent Bloomberg story, analysts at Deutsche Bank and Merrill Lynch have admitted in their reports that the working class in the U.S. and the U.K. might be fed up with getting the s-t end of the capitalist stick. Most important, they say: These people left out of global capitalism's benefits still hold enough political power to upend the European order and potentially thrust Donald Trump into the

White House. Just as raging lefties I know were forced to bring a barf bag to the referendum polls, where they aligned themselves with David Cameron, raging capitalists are now being forced to align themselves with the likes of Bernie Sanders in admitting we may have a problem here.

And likely here, in Canada. Last year, research from the University of Calgary warned that the recent linguistic disappearing act that has made most of us self-identify with the "middle class" now threatens to obscure the legitimate concerns of a traditional "working-class," those in manufacturing, and clerical and service sectors. They are the ones "genuinely struggling to keep up."

"We should not feel complacent about Trump and Brexit, and we should not be just laughing at people who support Trump or voted for Brexit," said Diana Brydon, the Canadian Research Chair in Globalization and Cultural Studies at the University of Winnipeg.

We may have multiculturalism, plus a deep historic dependence on both immigration and global trade, but that doesn't mean people here aren't also afraid that growing international interconnectedness is loosening their control over their own lives.

"It's a sense of being left out of a global economy," she said to me.

Both Brexit and Trump are about a fear of change, a loss of autonomy, and "distrust of what are called elites and distrust of governance systems," she added.

Some are now slamming those same elites for ignoring that exact fear. But if the "Eurocrats, party leaders, academics and pundits" can now be chastised by the Globe and Mail's Margaret Wente for "not understanding their own people," so too should all surprised Americans, and, probably, so should we.



Three Amigos need to make a moral case for international trade

Steve Rennie
Metro | Ottawa

Today, they are amigos. Next year, who knows?

The bonhomie between Prime Minister Justin Trudeau, U.S. President Barack Obama and Mexican President Enrique Peña Nieto will be on full display when the three leaders gather in Ottawa today for one of their annual meetings. For now, the three North American leaders agree more than they disagree, most notably, on easing trade barriers.

It is hard to imagine that will be the case when Trudeau and Peña Nieto meet with either Hillary Clinton or Donald Trump at their next gathering.

Both U.S. presidential hopefuls — particularly Trump — are considerably more anti-free trade and inward-looking than Obama. Protectionist rhetoric always heats up during election campaigns, as candidates try to win over voters who are angry about the state of their economy. But this time there seems to be more to it. The populist messages of Trump and Clinton rival Bernie Sanders clearly struck a chord with large numbers of both Republican and Democrat voters. Clinton now opposes the Trans-Pacific Partnership — a trade deal she supported when she was U.S. Secretary of State — and she has distanced herself from the North American Free Trade Agreement.

Obama, Trudeau and Peña Nieto will likely talk about why it's better to break down trade barriers than to erect them. But that message will

be a tough sell against the backdrop of a U.S. election campaign in which the candidates are openly deriding international agreements. And, even though Obama is racing against the clock to seal the TPP deal before he leaves the White House in January, he knows full well that whoever succeeds him is bent on undoing as much of the pact as possible.

The meeting runs the risk of being seen as an exercise in futility unless Trudeau and his amigos can make a pro-trade case that goes beyond the usual path-to-prosperity stuff. Trump's rise, Clinton's pivot, and the anti-internationalism that propelled the U.K. Brexit vote all show that large segments of the population aren't buying that line anymore.

There are ways to make such a case. To take just a couple of examples from yesterday's preliminary talks, Trudeau and Peña Nieto agreed to increase the number of student exchanges and they talked about how the countries could assist each other in addressing the plight of indigenous peoples.

The leaders would do well to emphasize such human-scale initiatives. They carry moral weight. They reveal important, underdiscussed dimensions of multilateral cooperation. They can amount to a corrective to anti-trade cynicism.

If this is indeed the last waltz for these likeminded amigos, they need to make it count.

Steve Rennie is a the managing editor of Metro Ottawa

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Ramadan's many meanings

CULTURE

Young Muslims forge their own traditions during the holy month

Genna Buck
Metro Canada



"It's one of the best times of the year."

That's how Asma Hasnat, a 26-year-old college student from Toronto, feels about Ramadan.

During the religious festival, which falls from June 6 to July 5 this year, Muslims abstain from eating, drinking (and having sex, among other things) from sunrise to sunset.

But not all Muslims observe Ramadan the same way.

"It's good to not fast in a way where you just starve yourself from morning to evening," Hasnat said. "Fasting for me has been more about character development."

"(It's) a great time to discipline yourself: not only not eating and drinking, but also holding your tongue back in a moment when you want to say something wrong."

Her view was echoed by Rizwan Mohammad, 35, advocacy co-ordinator for the National Council of Canadian Muslims. He said his personal

experience of Ramadan — with family visits, a prayer on the night of the new moon, and daily breakfasts at 3 a.m. — is "a little more traditional."

But that's not true of participants in the weekly drop-in group he leads for young Muslims in the suburbs of east Toronto. They've dubbed themselves Beyond Belief, and many members are what Mohammad calls "unmosqued": They don't belong to a particular faith community, but still want to "try to find a way to revisit their spirituality," during Ramadan.

He's not sure how many people in the group, or his wider social circle, fast according to the traditional rules.

"I see a whole spectrum of observance during Ramadan," Mohammad said.

People who typically don't pray or attend a mosque may start, he said. Siblings make a point to spend more time

together. Some people renew their commitment to social justice causes, or "fast" from their favourite movies or music.

Others choose not to go to night prayers at their local mosque, but do come for the free post-fast meal and stay late into the night to enjoy the fellowship.

Mohammad rejects what he calls a tendency to "flatten" Ramadan and make it only about fasting and showing solidarity with the poor and hungry.

Because in addition to being about sacrifice, Ramadan is also a lot of fun: because of its focus on family time, charitable giving, feasting and togetherness.

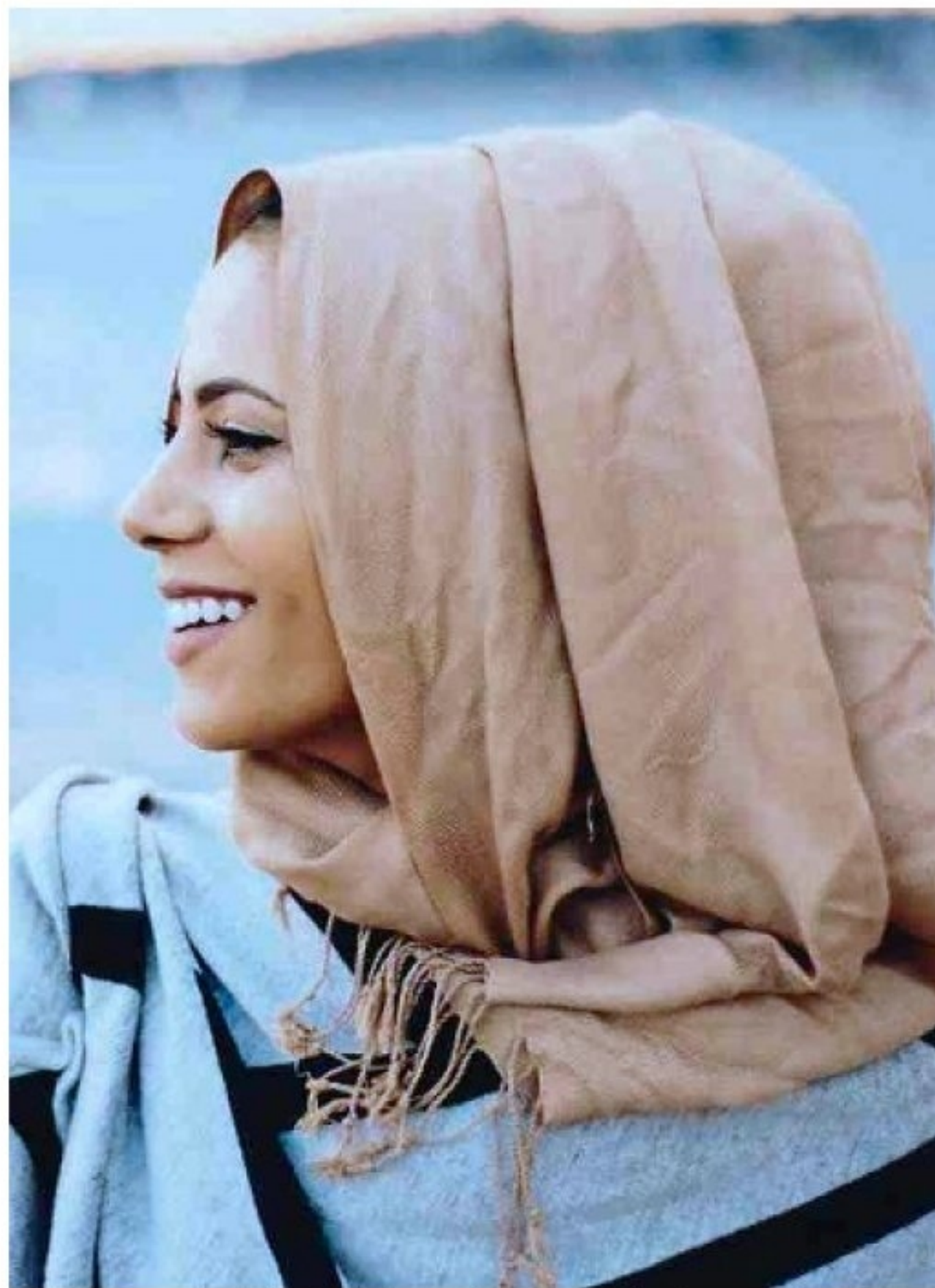
Mohammad quoted a saying of the Prophet Muhammad, Islam's holiest figure, as evidence that the holy season is about more than abstinence: "Some people get nothing from fasting but starvation and thirst."

WIDE SPECTRUM OF OBSERVANCE

Rizwan Mohammad says he sees a "whole spectrum" of observance during Ramadan. Some people may spend more time with family, renew their commitment to social justice causes or 'fast' from favourite movies or music.



Rizwan Mohammad



Asma Hasnat says that for her, fasting is more about character development. CONTRIBUTED

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Campfire cooking goes gourmet

These recipes are simple, but are guaranteed to impress

Nothing's wrong with hot dogs and s'mores when camping but if you're able to drive up to the campsite, bring along a portable camp grill, a cast-iron skillet and some more luxe ingredients in the cooler, you can make a more complex feast.

Still, we know the last thing anyone wants is to make a complicated dinner after a long day of hiking.

We kept this quasi-glamping meal simple, with few ingredients. And we kept cooking times under 15 minutes since getting the fire going is a whole other process.

Pack the cooler with frozen water bottles and juice boxes to serve as ice packs you can drink later.

Also, keep a separate cooler of snacks and drinks so you're not always digging through the cooler of meat and letting the cold air out. Happy trails!

Caramelized Pineapple Skewers

Keep any leftovers of this warm, spicy dessert to top oatmeal or cereal the next morning. If using wooden skewers, soak them overnight in water so they don't burn.

Makes 4 servings.

Ingredients:

- 1 pineapple, peeled, cored and cut into large chunks
- 1 tbsp (15 mL) brown sugar
- 1 tsp (5 mL) Chinese five spice powder or ground cinnamon

Directions:

1. In a large bowl, combine pineapple chunks, brown sugar and spice until well mixed. Store in a resealable plastic bag in fridge or cooler until ready to cook.

2. To cook, place pineapples on skewers. Cook over a hot grill until pineapple becomes golden brown, flipping every 3 to 5 minutes. Serve immediately.

Charred Cauliflower Steaks

Opt for heartier vegetables like cauliflower that won't easily wilt or bruise in a backpack or tightly packed cooler. Ghee, clarified butter used in Indian cooking, needs no refrigeration so it can easily be transported to camp to brush vegetables, meat, or bread over the fire.

Makes 4 servings.



Campfire cooking doesn't have to be simple. TORSTAR NEWS SERVICE

Ingredients:

- 1 large head cauliflower
- 2 tbsp (30 mL) ghee
- 1 tbsp (15 mL) any barbecue rub or turmeric
- Salt and pepper, to taste

Directions:

1. Remove leaves and slice cauliflower down the middle. Rub with ghee and spice rub until evenly coated. Season with salt and pepper, to taste. Store

in resealable plastic bag in fridge or cooler until ready to cook.

2. To cook, place pineapples on skewers. Cook over a hot grill until pineapple becomes golden brown, flipping every 3 to 5 minutes. Serve immediately.

Polenta Beef Sliders

Tubes of ready-made polenta

are a camper's favourite — they're compact, cheap and need no refrigeration. Slice them up and simply grill them to eat on their own, or use as slider buns.

Makes 12 patties

Ingredients:

- 1 lb (450 g) lean ground beef
- 1/2 tsp (2 mL) salt
- 1/2 tsp (2 mL) black pepper

• 1 tsp (5 mL) Italian seasoning

Directions:

1. In a bowl mix together beef, salt, pepper and Italian seasoning. Form into 2 oz balls (about 1/4 cup) and flatten into 1/2-inch patties. Wrap patties individually in plastic wrap and refrigerate until ready to cook.

TORSTAR NEWS SERVICE

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Chicken wings Don't just wing it — always check the nutritional info!

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Fat 20g
Sodium 760mg



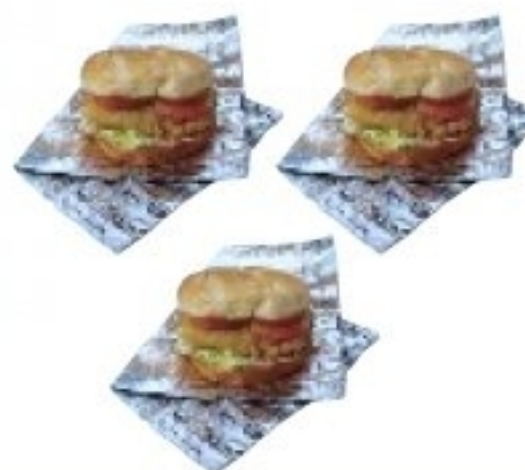
SKIP THIS

PC World of Flavours Lime Habanero Flavour Tortilla Chicken Wings (6)

Calories 900
Fat 54g
Sugar 1560 mg



HERE'S WHY



Equivalent in fat to almost three Chicken Fillet sandwiches from Arby's.

Chicken wings are a fave finger food indulgence for many, but how they're cooked makes all the difference to your waistline. Chicken is an excellent source of protein and is lower in fat and calories than other meats, but by adding a crispy tortilla coating and deep frying the health benefits are negated. Stick with the traditional; the honey garlic wings are roasted and save you over 2.5 times the calories and fat, as well as half the sodium.

Eat like the first Canadians



These Nish Kabobs are made of venison with a birch syrup glaze. COURTESY DAVID WOLFMAN

RECIPE

David Wolfman shares an aboriginal-inspired dish

Liz Brown
Metro | Canada



A member of the Xaxli'p First Nation in B.C., chef David Wolfman is an internationally recognized expert in wild game and traditional aboriginal cuisine.

He has fond childhood memories of his mother whipping up feasts for visitors. "When people came over, the first thing we'd do is head to the kitchen and she'd go and make food for everyone. Sharing was always important to us. It's what I do now, I share knowledge and food. That's what the elders have taught me," he says.

For Canada Day, he shares a recipe with Metro using some quintessentially Canadian ingredients: venison (deer meat) and birch syrup. If you can't procure wild game, beef or pork will suffice.

Need birch syrup? You can

order it online at wildfoods.ca.

Wolfman dubs the recipe 'Nish Kabobs,' a playful riff on Shish Kabobs. "Nish is a slang term for Anishinaabe," says Wolfman.

Anishinaabe is an umbrella term used to describe some groups of First Nations in Ontario, Manitoba and Quebec.

Nish Kabobs with Birch/Balsamic Glaze

Makes 4 portions.

Ingredients:

- 1/2 tablespoon crushed black peppercorns
- 2 teaspoons fresh rosemary, chopped
- 1 teaspoon fresh thyme, chopped
- 2 garlic cloves, minced
- 1 teaspoon Dijon mustard
- 2 tablespoons balsamic vinegar
- 2 tablespoon packed brown sugar
- 1 tablespoon olive oil
- 3 tablespoons soya sauce (or tamari, a gluten-free soya sauce)
- 3 tablespoons lime juice
- 1/2 teaspoon salt
- 1 teaspoon birch syrup
- 12 oz venison/deer tenderloin, cut into 1-1/2 inch long strips
- 1 tbsp olive oil

Directions:

1. Soak eight wooden skewers in warm water for 30 minutes

2. In a stainless steel bowl, mix peppercorns, rosemary, thyme, garlic, Dijon, balsamic vinegar, brown sugar, olive oil, soya sauce, lime juice, salt, and birch syrup; mix well.

3. Divide mixture into two and place half the mixture in a saucepan and simmer on very low heat for 15 minutes, strain and reserve.

4. With the remaining mixture add the venison/deer and turn to coat evenly; let marinate at room temperature for 1 hour.

5. Drain and discard marinade. Thread deer/venison onto wooden skewers.

6. Slightly brush with olive oil and grill over medium-hot heat or broil 2 minutes per side, turning occasionally and do not over cook.

7. Garnish skewers with the reserved glaze

VISIT COOKINGWITHTHEWOLFMAN.COM FOR MORE RECIPES

14 INTO THE WOODS SMOOTHIE

A refreshing treat for Canada Day

This is a quick recipe for a tasty smoothie featuring ingredients indigenous to Turtle Island — a name that many First Nations use to refer to North America. And no, there are no turtles in this recipe!

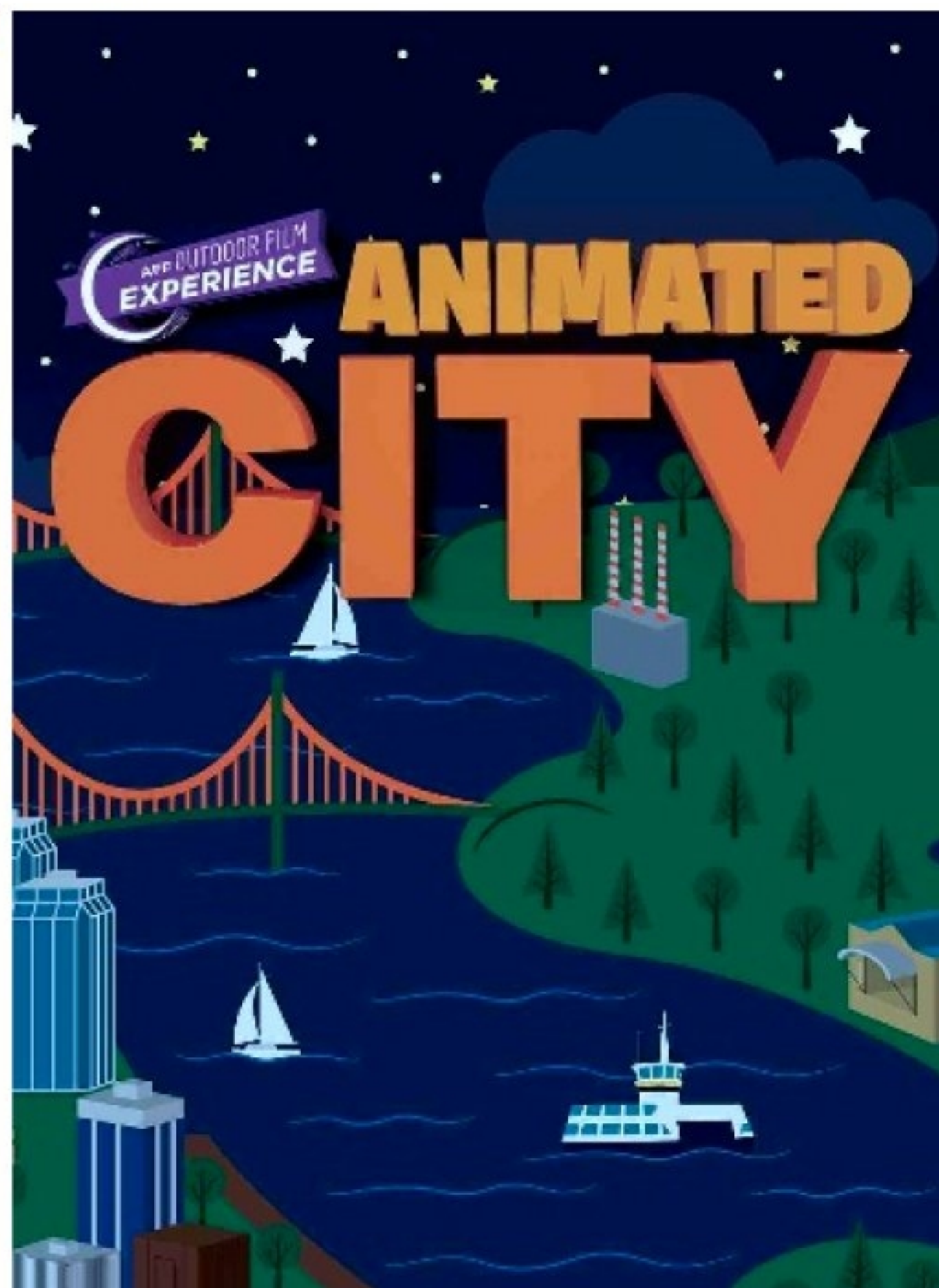
Ingredients

- 1 cup (250 mL) fresh or frozen blueberries

- 1 cup (250 mL) maple water
- 1 avocado diced
- 1/4 cup (60 mL) pecans
- 1 tbsp (15 mL) maple syrup
- 2 tbsp (30 mL) sunflower butter

Directions

Combine all ingredients in a blender and blend until smooth. Makes two servings. DAVID WOLFMAN



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New Spider a fun and worthy rival



REVIEW

Runs on same platform as MX-5 Miata



Dan Ilika
For Metro Canada

If the Mazda MX-5 Miata taught us anything, it's that fun cars don't have to be expensive, complicated or unreliable.

Tired of its roadsters being remembered as little more than relics of bygone days, Fiat is ready to take another shot at droptop dominance with the 2017 Fiat 124 Spider. And in the ultimate if-you-can't-beat-'em-join-'em fashion, the 124 Spider is based on the very car it hopes to challenge in the sales race.

Three and a half years were spent designing and refining what brand executives hope will become a true halo car for Fiat, and it shows. The 124 Spider may ride on the same architecture as the fourth-generation Miata, but every bit of bodywork and drivetrain has been swapped out to help set it apart from its platform mate.

This new Fiat is made from a monocoque unibody with suspension subframes bolted to the front and rear. Its silhouette harkens back to the Fiat 124 Sport Spider of the 1960s. The overall design, too, follows the course mapped out some 50 years ago, with classic looks that are reserved. If you're looking for a companion for those new perforated leather driving gloves,

the 124 Spider would be it.

Regardless of trim — the 124 Spider is available in base Classica, Lusso and Abarth — all cars come with a 1.4-litre MultiAir turbo four-cylinder under the hood. Yes, this powerplant sports forced induction, but no, it's not exactly the turbocharged Miata fanboys and fangirls have been asking for.

With 160 horsepower, it does make more power than the Miata's 2.0-litre, but not enough to wow the diehards. That's particularly the case when considering that the engine is virtually a direct transplant from the likes of the Dodge Dart and Fiat 500L.

But don't let that disheartening fact ruin your 124 experience, because the engine feels completely different in the roadster than in the crossover.

The standard transmission is, well, a standard transmission; a six-speed manual, to be exact. It's a different gearbox than the one found in the MX-5, and boasts short throws and a friendly clutch. Low gears are a touch on the short side, but it makes a nice companion to the 1.4-litre when you feel like banging through the gears.

So if the MX-5 Miata is the standard by which all roadsters are now measured, where does that leave this new Fiat? Well, off to a good start.

Everything that makes the Miata so lovable — its light weight, great balance and near-impeccable handling — carry over nicely to the Fiat, making it a viable alternative to a car that has dominated the segment for close to 30 years.

THE CHECKLIST | 2017 FIAT 124 SPIDER

THE BASICS

Engine: 1.4L turbocharged 4-cylinder
Power: 160 horsepower
Transmission: Six-speed manual or six-speed automatic
Fuel Economy (L/100 km): Nine city, 6.7 hwy (manual)
Price: Starts at \$33,495 (before freight)



LOVE IT

- Shared platform with Mazda MX-5 Miata
- Near-perfect weight balance
- Impressive suspension and handling

LEAVE IT

- Lack of headroom
- Lack of sport mode on automatic

M6 GT3

BMW offers first glimpse of art cars



John Baldessari and Cao Fei are behind BMW's 19th and 18th art cars, respectively. HANDOUT

Stephen Elmer
AutoGuide.com



BMW has released details and two photos that offer us a glimpse at what its upcoming art cars will be all about.

Two different artists are creating these cars; Cao Fei of China will put together the 18th BMW art car while American John Baldessari will create the 19th.

Both will start with a BMW M6 GT3 as their canvas, though

both are taking different approaches to the process.

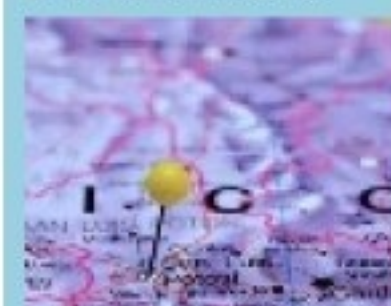
Fei says that her main theme will be "a landscape of no man's land," referencing self-driving cars and virtual reality.

"I expect to transcend the current context of 'cars' and to embrace new possible ways of expressions. To me, that not only includes the artist, but also the public," said Cao Fei.

Baldessari approached the car with his signature style of placing brightly coloured dots around an object.

+ IN BRIEF

The Next BMW 3 series to be built in Mexico



Soon, one of BMW's most iconic vehicles will be built in Mexico.

BMW has announced the start of construction on a new manufacturing

plant in San Luis Potosí, Mexico where the 3 Series Sedan will be built in the future. Production of the car is scheduled to begin in 2019, with annual production pegged at 150,000 units.

It will be a full plant complete with a body shop, paint shop and assembly line. The plant will also be BMW's most resource-efficient production location thanks to solar panels and a focus on water conservation.

STEPHEN ELMER/FOR METRO

Muddy boots wanted



ROLLS-ROYCE

The future looks outrageous

The Rolls-Royce brand has imagined what its lineup of ultra-luxury vehicles will look like over the next 100 years. It has rolled out the VISION NEXT 100 concept, trying to answer some key questions, like what is the future of luxury and how will Rolls-Royce fit into that framework. Customization, and self-driving will feature prominently. The Rolls-Royce concept also has virtual intelligence. STEPHEN ELMER/AUTOGUIDE.COM



FORD MUSTANG

New face for Transformers 5

The fifth Transformers movie is currently filming and another one of its featured vehicles has been released. This time, it is the Ford Mustang which plays the evil Decepticon known as Barricade. STEPHEN ELMER/AUTOGUIDE.COM

THE TOP 6@6

LAST NIGHT ON 101.3 THE BOUNCE:

- 6 Designer Panda
- 5 OneRepublic Wherever You Go
- 4 Drake ft. Rihanna Too Good
- 3 Shawn Mendes Treat You Better
- 2 Selena Gomez Kill Em With Kindness
- 1 Kent Jones Don't Mind

101.3
BOUNCE



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WHEELS ROUNDUP

News driving the auto industry brought to you by AutoGuide.com



SUPER DUTY

Vinyl flooring never looked so fancy

Ford is making sure that the working man with muddy boots will feel comfortable in its luxury pickups. For 2017, the Ford Super Duty lineup will offer a vinyl flooring option for the King Ranch and Platinum edition trucks, offering customers a luxury interior without the fancy carpeting which quickly gets dirty. STEPHEN ELMER/AUTOGUIDE.COM

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CAR CARE

Packing for the summer road trip

More Canadians than ever before say they would like to travel in Canada this year. Will you be one of them? No matter whether it's a trip to the cottage or a scenic drive in the Rockies or along the shores of the Atlantic, packing the car for a road trip requires some advance planning.

"Prior to heading out on the road, it's a good idea to make sure you've checked your vehicle thoroughly and that you have everything you need inside your car and outside," says Darryl Croft, automotive maintenance expert at OK Tire. "The peace of mind provided by knowing your car is mechanically sound means that you



ISTOCK

can fully focus on the trip ahead."

Croft offers his best car-packing tips to ensure everyone arrives at their final destination, happy and safe.

Respect the vehicle's load capacity

To make sure you're not over-packing the car

and burning too much gasoline, check how much weight your vehicle can handle before you load it up. For most cars, this information is printed on the door placard inside the driver's side door. In addition to saving on gas, you may prevent a suspension issue from occurring that could affect your car's braking time and distance.

Maximize space

Storage space will vary depending on the vehicle, but the general rule of thumb is that the heaviest items should be placed as far forward and as close to the floor as possible in the cargo area. This will keep the car's centre of gravity low. Lighter items should be placed on top and secured. Don't forget to keep necessary items, such as sweaters or diapers within easy reach. To free up some extra space: an unrolled sleeping bag makes for great cushioning, and a strategically placed cooler in between backseat passengers can easily transform into a card game table.

Bring a roadside emergency kit

You never know what is going to happen while on a road trip, so it is best to be prepared for all possible scenarios to ensure a happy vacation. Bring along a roadside emergency kit that includes items to tackle some of the most common challenges that can possibly go wrong, such as: foam tire sealant, water bottle, jumper cables, duct tape, tow rope, emergency light and/or flashlight, as well as batteries.

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YOUR HALIFAX CAR REPAIR SPECIALISTS

Automotive repair runs in Shane Higgins' family. He's the third generation owner of Driscoll's Autopro at 391 Windmill Rd. in Dartmouth and also owns Higgins Autopro at 300 St. Margarets Bay Road in Halifax.

Both businesses provide expert auto and light truck repair and maintenance services.

As small family-run businesses, the staff build strong relationships with their customers.

This is especially true given if a job is outside of Autopro's scope — such as a glass repair — it will use one of its trusted industry contacts to do the work. The customer just has to drop the vehicle off at Autopro and it will take care of the rest.

With summer now upon us and the gruelling toll heat plays on a vehicle, it's important to get your vehicle looked over. Both locations offer a summer maintenance package that includes an oil and filter change, AC check-up, top-up of fluids, tire rotation and brake inspection.



CONTRIBUTED

"You don't want to break down anywhere on a long summer road trip," Higgins says.

Both locations offer free shuttle service for their clients and repair work comes with a minimum one-year parts and labour warranty, which can be even longer depending on the parts used in a repair.

Both operations are tech savvy and use online maintenance schedules that will provide you with friendly reminders as to when your vehicle is due for service.

'WE FIX TRANSMISSIONS AND WE FIX THEM RIGHT'

Locally owned and operated since 1970, Dan's Transmissions is metro's oldest shop solely devoted to fixing transmissions.

"We fix transmissions and we fix them right," says owner Dale Allen.

Some of the warning signs of transmission problems are poor vehicle performance, puddles of fluids on the ground and burning smells — and sometimes it's not a transmission problem at all.

Located at 485 Windmill Road (underneath the MacKay Bridge), Dan's Transmissions offers a free road test. Just bring your vehicle in — no appointment is necessary.

If you think you have a problem, call (902-468-9541) and Dan's Transmissions can usually get a good idea.

When diagnosed early enough, transmission problems can usually be repaired, rather than requiring a replacement. Dan's Transmissions also offers a discount for payments made by cash or debit. As the closest transmission repair shop to Burnside, Dan's Transmissions offers free shuttle service to get customers to



CONTRIBUTED

and from their workplaces and back in their vehicles ASAP. One-day service is available in most cases.

Dan's Transmissions work is backed by a one-year or 20,000 km nationwide warranty and is also a member of the Better Business Bureau where it enjoys an A+ rating.

The business also offers a convenient 24-hour key drop and you can just call the next morning. "We look forward to hearing from you," says Allen.



CONTRIBUTED

Full array of aftermarket services

Located at 2714 Robie St., Speedy has been a long-time north-end repair facility. Since first opening its doors in the early '80s Speedy had prided itself on providing a full array of aftermarket services.

"While Speedy is primarily known for exhaust and brakes, we also provide suspension repairs, oil changes, motor vehicle inspections and alignments," says manager Jason Scanlan.

Speedy Robie is also a full New Tire and tire service retailer, which rounds out the operation as a full service stop for your automotive needs.

There have been many recent changes at Speedy Robie, such as the recently renovated and expanded waiting area and service counter

areas. Now sit back and relax while sipping a cup of complementary tea, coffee or water. There's also Wi-Fi and television. There's a points program, where you can sign up and accumulate points at three per cent of your purchases to use toward future purchases. A Novus Auto Glass franchise has been added to the Robie Street location for all of your automotive glass chip repairs or windshield replacements needs. And, to make it even easier, Novus works with all insurance companies.

"If you haven't been in recently, drop in and say hello and see our new exciting changes," Scanlan says. Appointments are suggested, but you can also drop in or email at speedyrobie@outlook.com to book an appointment.

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Rust, especially in the Nova Scotia climate, is a creeping nuisance for car owners. And if it takes hold, it can be a very expensive problem to fix.

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But there is an easy, inexpensive, and environmentally-friendly way to prevent rust before it costs you a fortune to fix.

With 34 years of experience Krown Rust Control Systems is Canada's number one rust control company for a reason. They have highly-trained technicians who use only the best, environmentally-friendly products to protect your vehicle, giving you peace of mind, a better looking vehicle with a longer life and a higher resale value.

"All Krown technicians are annually certified and trained on all new makes and models of vehicles," says Pierre Legere, owner of

Krown Rust Control Systems on Robie Street in Halifax. "The majority of my staff have been with me for many a long time, ranging in service years from six to 25 years."

Even newer vehicles need annual rust treatments. Legere says their rust treatments keep all moving parts lubricated and maintain the integrity of all electrical connections.

"Electrical issues on today's new vehicles are a common problem, due to advanced computerization," he says. "This in itself creates far more opportunity for corrosion to develop."

Their application covers about 90 per cent of the vehicle, which is the most thorough application in the industry. It takes about an hour and the starting price for cars is \$119.99. Krown is the only rust control endorsed by the Automobile Protection Association and the Canadian Automobile Association.

"These third party consumer advocates believe we provide the best product, service and warranty in the business," Legere says.

Passenger vehicles are well suited to a



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yearly application but some vehicles such as off-road vehicles, equipment involved in snow and ice control, and various types of heavy equipment may require some extra steps in the application.

Krown services many fleet and commercial vehicles as well. In fact they are the only company with the mobile ability to service vehicles on-site and lift equipment up to 36 tons.



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The Canadian women's rugby sevens 2016 Olympic team have been drawn into a group with Britain, host Brazil and Japan

Herd find no holes in Swiss player's game

MOOSEHEADS

Hischier the sixth overall selection in import draft



Kristen Lipscombe
Metro | Halifax

They call him "The Swiss McDavid."

The Halifax Mooseheads have added another European to their player pool, selecting 17-year-old Nico Hischier of Naters, Switzerland, sixth overall Tuesday at the 2016 CHL Import Draft.

Hischier notched 11 goals and 17 assists for 28 points in 18 games with SC Bern U20 last season, in addition to nine points in nine playoff games.

The six-foot, 172-pound winger is expected to be a top prospect at the 2017 NHL Entry Draft, and according to halifaxmooseheads.ca, "has already been considered to be the best forward to ever come out of his country."

"We're obviously excited to get a player of his calibre and skill level," Mooseheads general manager Cam Russell said Tuesday in the team news release.

"He's a Pavel Datsyuk-type of player; he's great offensively and strong defensively, not to mention he was an assistant captain at the under-18s as an underage player, so leadership



Swiss forward Nico Hischier "has already been considered to be the best forward to ever come out of his country." CONTRIBUTED

is obviously there as well," the GM said.

Hischier has represented Switzerland at the under-17, under-18 and under-20 levels.

Former Mooseheads forward Timo Meier said Tuesday in a Tweet, "Great pick!!

#MooseCountry will love the new #Swiss! Congrats to Nico and best of luck and enjoy that beautiful journey!"

Meier, 19, is from Herisau, Switzerland, and spent two and a half seasons with the Herd before being traded to the

Rouyn-Noranda Huskies, who he won the 2016 President Cup with, narrowly missing out on winning this year's Memorial Cup as well.

Meier was drafted ninth overall by the San Jose Sharks in 2015.

Hischier would join forward Otto Somppi of Finland as Halifax's two import players if he ends up on next season's roster.

"Now comes the process of doing the work to try to get him to report to Halifax and hope for the best," Russell said in the release.



Very happy to welcome Nico Hischier in the @HFXMooseheads family. I getting more and more excited. Look forward to August!!!

Mooseheads head coach André Tourigny on Twitter (@BearTourigny)

OLYMPICS

Visitors welcomed by striking police

Just weeks ahead of the Olympic Games, police helicopters are grounded, patrol cars are parked and Rio de Janeiro's security forces are so pressed for funds that some have to beg for donations of pens, cleaning supplies and even toilet paper, fuelling worries about safety at the world's premier sporting event.

Brazil is suffering the worst recession in decades and Rio's acting governor has declared a

state of financial disaster this month, largely to bolster spending on security as the world's spotlight turns to the city.

"How are people going to feel protected in a city without security," Gov. Francisco Dornelles told Rio's O Globo news-

paper. "We can have a great Olympics, but if some steps aren't taken, it can be a big failure."

Rio state has slashed budgets across the board, including that of the police. Helicopters have been grounded and more than half of the civil

police's fleet of cars has been idled in a bid to save on gas. Even officers' salaries have been delayed.

Angry civil police officers staged a strike on Monday, with one contingent greeting visitors at Rio's international airport with a sign reading, in English, "Welcome to Hell. Police and firefighters don't get paid; Whoever comes to Rio de Janeiro will not be safe."

THE ASSOCIATED PRESS

Some 85,000 police and soldiers — roughly twice the security contingent at the London Olympics — are to be deployed during the games.

WIMBLEDON

Serena mows down first foe on grass

Serena Williams began her Wimbledon title defence with a comfortable but tentative win over Swiss qualifier Amra Sadikovic, winning 6-2, 6-4 on Centre Court Tuesday.

The six-time champion barely served any better than the 148th-ranked Sadikovic, who was making her main draw debut in a Grand Slam at the age of 27.



Serena Williams
GETTY IMAGES

Williams' serve was shaky, she was broken once, and hit more unforced errors. But in her first match since her loss in the French Open final to Garbine Muguruza, Williams advanced to a second-round meeting with fellow American Christina McHale.

Williams is in search of her 22nd major singles title.

On the men's side, second-seeded Andy

Murray cruised to a 6-2, 6-3, 6-4 win over

Liam Broady, a British wild-card entry ranked No. 235. THE ASSOCIATED PRESS

NCAA BASKETBALL

Winningest coach in D1 history dies

Pat Summitt, the winningest coach in Division I college basketball history who uplifted the women's game from obscurity to national prominence during her 38-year career at Tennessee, died Tuesday morning. She was 64.

With an icy glare on the sidelines, Summitt led the Lady Vols to eight national championships and prominence

on a campus steeped in the traditions of the football-rich south until she retired in 2012.

Summitt helped grow college women's basketball as her Lady Vols dominated the sport in the late 1980s and 1990s, winning six titles in 12 years. Tennessee won NCAA titles in 1987, 1989, 1991, 1996-98 and 2007-08. Summitt had a career record of 1,098-208 in 38 seasons, plus 18 NCAA Final Four appearances.

She announced in 2011 at age 59 that she'd been diagnosed with early onset dementia.

THE ASSOCIATED PRESS



Pat Summitt
GETTY IMAGES FILE

IN BRIEF

Football's defensive genius Buddy Ryan dead at 85

Buddy Ryan, the pugnacious coach who masterminded two fierce defences that won Super Bowl titles and whose twin sons have been successful NFL coaches, died Tuesday. He was 85.

His death was confirmed by the Buffalo Bills, where Rex Ryan is the head coach and Rob Ryan an assistant. James Solano, Buddy Ryan's agent, said he died in Kentucky but did not give a cause. Ryan lived on a ranch in Shelbyville.

THE ASSOCIATED PRESS

Top-ranked men's golfer skipping Rio Olympics

Jason Day pulled out of the Olympics on Tuesday because of the Zika virus, costing golf its No. 1 player as it returns from a century-long absence at the games.

The sport has lost two of its biggest stars in the last week, adding to the perception that the Olympics are not a high priority. Rory McIlroy, a four-time major champion, also said Zika will keep from competing in Rio de Janeiro.

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RECIPE Turkey Lettuce Wraps



PHOTO: MAYA VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

These lettuce wraps are a light spin on dinner and receive a monster hit of flavor thanks to ginger, garlic and Sriracha.

Ready in
Prep time: 10 minutes
Cook time: 10 minutes

- Ingredients**
- 1 lb (450 g) ground turkey
 - 1 Tbsp (15 ml) of vegetable oil
 - 1 red pepper, diced
 - 1/2 cup (125 ml) water chestnuts, diced
 - 2 scallions, chopped
 - 1 clove of garlic, minced
 - 1 tsp (5 ml) ginger, minced
 - 1 Tbsp (15 ml) rice vinegar
 - 1 Tbsp (15 ml) soy sauce
 - 1 Tbsp (15 ml) Sriracha
 - 1 head of Boston or bibb lettuce
 - small handful of cilantro, chopped
 - small handful of unsalted cashews, chopped

Directions

1. Warm the oil in a large skillet over medium heat. Add the turkey and break it up with a spoon as it browns until almost cooked through.

2. Add the peppers, garlic and ginger and keep pushing everything around until it smells amazing and the vegetables begin to soften. Pour in the vinegar, soy and Sriracha, along with the water chestnuts and give it all a stir.

3. Check that the turkey has cooked through. Put the mixture in a serving bowl.

4. Place the meat, whole lettuce leaves, chopped cilantro and nuts on the table and let everyone assemble their lettuce wraps.

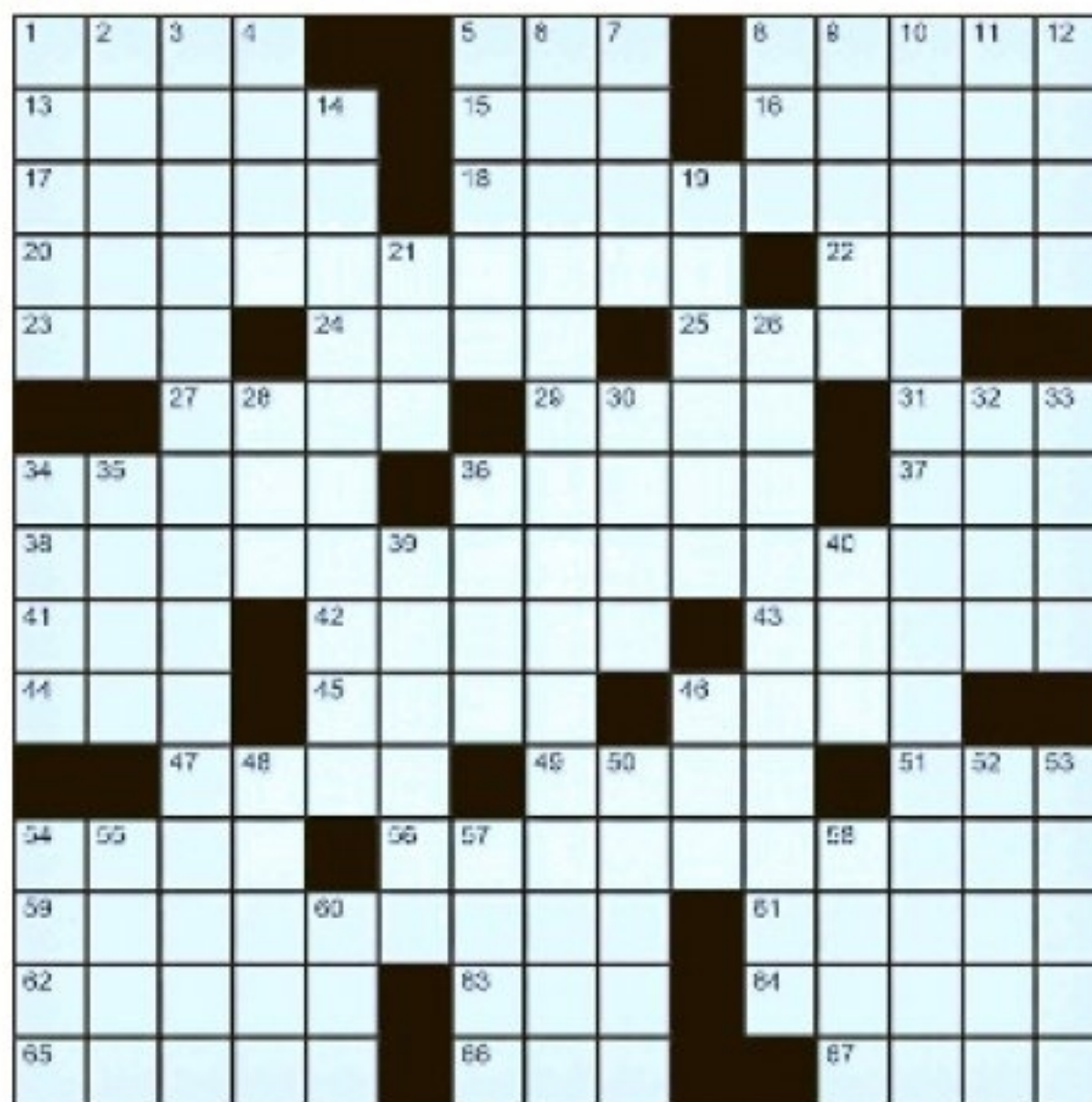
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Skin 'vent'
5. Afternoon time
8. Model/actress Kate
13. Time and ___ (Extra hours pay)
15. Crude
16. Shoe material
17. ___ Sergeant
18. Measure that ingredient by sight: 2 wds.
20. Canadian finance magazine/website
22. Contact ___ (Vision corrector)
23. Disney-owned network
24. Church's vaulted area
25. Recipe amt.
27. Morn followers
29. 'Thin Man' pooch
31. Letters-for-a-Royal
34. Many times
36. Daggers
37. Goose, in Montreal
38. Alfred Sung's profession: 2 wds.
41. Monk's title
42. Comprehend
43. Heart, in Hull
44. Jack, to Ozzy
45. Lofty
46. Lay ___ thick (Be melodramatic)
47. "What can I ___ fix things?" (Is this repairable?)
49. Acronymed-spot in a Beatles song
51. Aunt's lil' hubby
54. Robert ___ (George Gershwin portrayer in film)
56. Shawn Mendes/



Camila Cabello duet: "I Know What You Did ___"
59. Ted's sweetheart on "The Mary Tyler Moore Show"
61. Verboten
62. Aqua ___ (Gold-dissolving mixture)
63. Increase,

with Up
64. 'Laughing' animal
65. PGA, et al.
66. Choler
67. Industrial city in Russia

DOWN

1. Celebrity chef Ms. Lakshmi
2. "___" (Laura Petrie's catchphrase on "The Dick Van Dyke Show")
3. Really 'purr' outside, it's noisy when it hits the house's

'woof': 4 wds.
4. She, in Sherbrooke
5. Balsam Firs
6. Duo of classic Canadian comedy: 3 wds.
7. Has to pay up
8. Can. neighbour
9. Removes

10. In Toronto, one would start with 416...: 2 wds.
11. Norse deity
12. Butterfly bones
14. Chilliwack song that starts "Four men in a rock 'n' roll band...": 3 wds.
19. Ms. Midler's
21. 2008 VP candidate from Alaska ...her initials=sharers
26. Maxim or axiom: 2 wds.
28. "Blah!"
30. Permeate
32. Andre ___ (Dutch violinist/conductor of PBS concert fame)
33. Berlin 'mister'
34. Switch settings sometimes
35. 'Yukon's Best Kept Secret' town
36. Hitch
39. Blue Jay's competitor in Baltimore
40. Guck
46. Magazine no.
48. Put one's ___ (Meddle)
50. Mr. McQueen
52. Bright city lights
53. Bullfrog's noise
54. Taj Mahal's site
55. Horsley and Majors
57. The Bell of ___ (Henry Wadsworth Longfellow poem)
58. Potato salad ingr.
60. Car's fill up

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Family discussions will be more important in the next two weeks. Very likely, they will focus on get-togethers, reunions and home repairs. "Let's fix up the place!"

Taurus April 21 - May 21
Today Mercury changes signs, which is why you will be more talkative in the next two weeks. You want to enlighten others. You have something to say!

Gemini May 22 - June 21
Financial matters will be on your mind in the next two weeks. Trust your ability to come up with excellent moneymaking ideas.

Cancer June 22 - July 23
Because Mercury will be in your sign for the next two weeks, you are eager to communicate with someone to maintain a friendly relationship. Enjoy reaching out.

Leo July 24 - Aug. 23
Behind-the-scenes research will go well for you in the next few weeks. Keep digging for whatever it is you are looking for, because you will find it.

Virgo Aug. 24 - Sept. 23
You will enjoy hanging out with younger people in the next few weeks. This is a good time to share your future goals to get someone's feedback.

Libra Sept. 24 - Oct. 23
Discussions with bosses, parents and VIPs will be important in the next two weeks. You have something to say; they are willing to listen.

Scorpio Oct. 24 - Nov. 22
It will be easy to study anything at school or for personal reasons in the next two weeks. Your mind wants to expand and learn whatever it can.

Sagittarius Nov. 23 - Dec. 21
Discussions about shared property, inheritances and insurance disputes will go well in the next two weeks. You've done your homework, and you feel informed.

Capricorn Dec. 22 - Jan. 20
The next two weeks are an excellent time to clarify issues or explain something to a close friend or partner. You want to have some intellectual stimulation with others.

Aquarius Jan. 21 - Feb. 19
You will excel at any kind of mental work in the next two weeks because you will pay attention to detail more than usual. Furthermore, you will set high standards for yourself.

Pisces Feb. 20 - March 20
Expect to be in a more playful mood in the next two weeks. You want to have fun with others as well as play pranks. You also will enjoy reading and writing for pleasure.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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